



SUFFOLK ORIENTEERING CLUB

Simon Peck Summer Series 2

23rd June 2019

Join us for the second event in this year's Summer Series, this time in

Gunton Denes & Dip Farm, Lowestoft

Beginners & families are welcome - our summer events are an excellent introduction to the sport - & help will be on hand to get you started. Longer courses will be available for improvers & for the more experienced orienteer.

The mapped area has been extended & includes a stretch of beach, cliff, warren & woodland off Corton Road on the northern outskirts of Lowestoft. There are low sand dunes and cliff faces covered with scrub, bracken and gorse, together with a multitude of small paths on the cliff top, open areas, nature reserves & woods. The presence of contours plus several interesting features provides an excellent challenge - & a good training opportunity!

Please note: leg cover/protection will be essential.

Entry is on-the-day, with start times from 10:30 to 12:00
Electronic timing will be used (SI cards may be borrowed).

Entry Fees: Seniors: £4.00 Juniors (under 21) £1.00
Groups - same as senior rate (extra maps £1)
SI Card: free loan, but £30 replacement cost if lost

**Nearest
Postcode:
NR32 4PR**

**OS Grid Ref:
TM 545 963**

Training & shadowing are available for club members - please email Clive Wilkinson - coach_clive@suffoc.co.uk if you wish to take part.

Directions: Parking & registration will be in the old Pitch & Putt car park off Corton Road (Please note: there is a height restriction which will affect vans).

From Bury St Edmunds (A143) & Norwich: follow the A146 via Beccles to Carlton Colville, then off the twin roundabouts onto the A1145 to join the A12 from Ipswich. Follow signs to Lowestoft town centre to cross the harbour bascule bridge then the A47 towards Gt Yarmouth. 300m past the lighthouse, take the third turning on the right at the multiple junction into B1385 Corton Road. The car park will be found after 2Km, on the left.

From Great Yarmouth: at the end of the A47 dual carriageway, take the first left at the roundabout (B1385 to Corton). Continue straight for 1.5Km then turn right at the T junction. The car park is 0.7Km on the right.

Facilities: Toilets are to be found in Corton, at the N end of the street, or at Sparrows Nest (below the lighthouse) where there is also a café & a restaurant.

Organiser & Planner: Colin Butler gunton@suffoc.co.uk

Further details in due course from:

www.suffoc.co.uk

